

Professional Learning 2026



The Trauma Informed Practice in Schools Professional Learning Program is a partnership between the Tasmanian Department for Education, Children and Young People (DECYP) and the Australian Childhood Foundation.

The program builds on the foundational online course which continues to be available in Canvas for all staff and includes face-to-face workshops and online virtual classrooms. The program provides staff with opportunities to experience a deeper look into a range of topics that are at the heart of trauma informed practice. The sessions will enable all staff, regardless of their roles within a school, to develop a greater understanding of the impact of trauma and how schools can provide children with the relational safety and connection they need to thrive and learn.

The program is based on evidence that uses our understanding of neurobiology and trauma theory, practice wisdom, culture knowledge and information we are learning from those with lived experience. It acknowledges that children and young people need to feel safe before they can learn, they need relationships with adults they can trust, they need to be able to make meaning of their world, and they need connection to their culture.

The core workshop Informed, aware and responsive: Making SPACE for Learning in Tasmanian Schools is based on the Making SPACE for Learning Program which has been delivered across Australia for over 20 years.

There are currently four workshops available for all staff in Tasmanian Government Schools.

Informed, aware and responsive: Making SPACE for learning in Tasmanian Schools

Informed, aware and responsive: Making SPACE for learning in Tasmanian Schools is the core unit of the *Trauma Informed Practice in Schools Professional Learning Program*. The session will explore the impact of trauma on children and young people and consider how to use this knowledge to create safe and predictable learning environments using the Making SPACE for Learning Framework. The session is aimed at school leaders, teachers, teacher assistants, professional support staff and inclusive practice coaches.

It starts with us: Using co-regulation to support students

This session will consider an in depth understanding of how educators (and other staff) can develop and implement an environment of safety, engagement and learning in the classroom. It will define the theory of physiological regulation and related concepts such as dysregulation and co-regulation and will outline a framework for understanding and responding to children and young people. The session is aimed at teachers at teacher assistants but will also be valuable for professional support staff, school leaders and inclusive practice coaches. It builds on the core sessions Informed, aware and responsive: Making SPACE for learning in Tasmanian Schools and it is recommended the participants do the core session first.



Supporting children and young people to heal from the trauma of family Violence

This workshop explores and supports staff to work in a child focused and relationally reparative context with children and young people following experiences of family violence. The workshop will support participants to review knowledge of core constructions of family violence and enhance understanding of the neurobiological impacts of experiences of violence and trauma. It will also explore the importance of relationships as developmental resources and opportunities for repair and consider how staff in schools can support children and young people who have experienced family violence. While this workshop is suitable for all staff it may be particularly useful for staff working with students in a therapeutic role such as professional support staff and school leaders.

Trauma and Bullying

This interactive workshop dives deep into the complex world of bullying and its profound effects on children and young people. It will also consider the complexity and further impacts for children such as those in out-of-home care or those who have experienced different types of trauma. It will explore bullying and the overlay of trauma and consider how this presents in the classroom. The workshop includes practical tools and fresh insights to identify, understand, and address bullying behaviours using a compassionate, trauma-informed approach. The session will be valuable for all staff working in schools.

Register here: [Course Details Private - Australian Childhood Foundation Professionals](#)

For more information, please contact Student Support universal.trauma.PL@decyp.tas.gov.au or support@childhood.org.au if you need assistance registering for a workshop.